



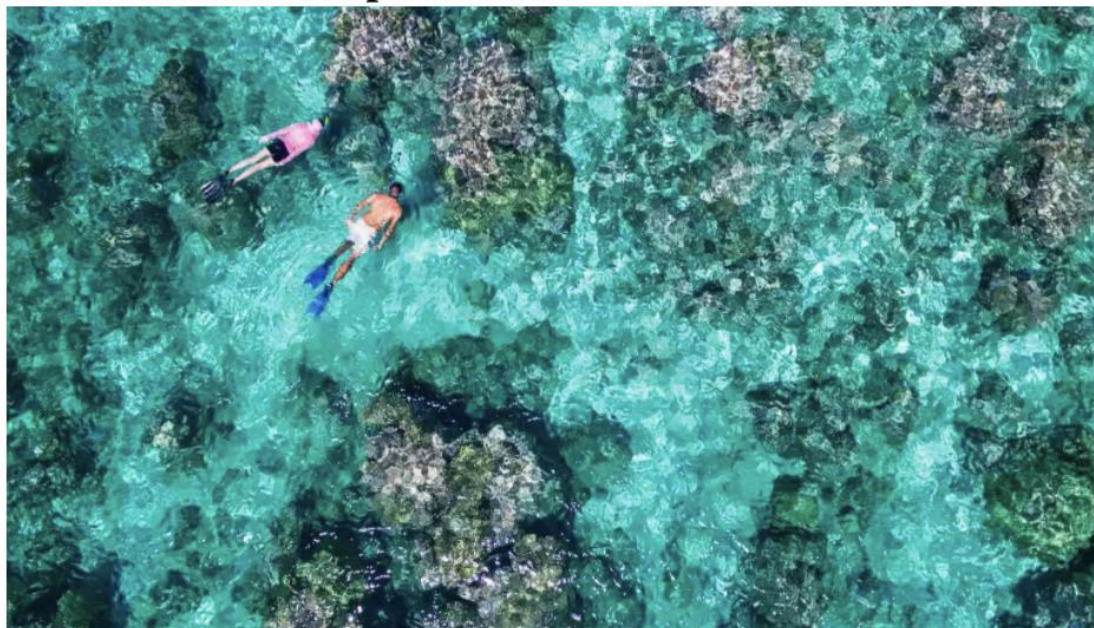
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2021 is the year for more meaningful holidays and we're looking to expand our horizon and try our hands at learning something new when booking our holidays this year.

From daring free-diving lessons to heartache healing programmes, we've curated some of the most enriching luxury wellness and learning breaks from around the world. Because after the drama of the last year, there's nothing better than a holiday that can uplift and energise the soul.

Learn to Free dive at Alphonse Island



Alphonse Island, one of the gems of the Blue Safari Seychelles portfolio, is offering free-diving experiences that will excite even the most enthusiastic adventure seeker. The free diving experiences are taught by Zimbabwean Freediving record holder Christian Burger.

The two-day free diving course covers everything from dive theory to pool skills before students can explore the depths of the Indian Ocean. There's plenty to explore above water in Alphonse Island too with its stunning natural surroundings, exceptional facilities and first-class staff.

Alphonse Island offers freediving package from two days to seven days starting from \$368 (USD) (including theory and tuition). Accommodation in a Beach Suite on a full-board basis with inter-island return flights starts from \$6860 per person based on two people sharing.

Learn to build an Igloo at Hotel Le Coucou



The Hotel Le Coucou in Méribel has introduced a number of outdoor learning experiences to elevate your next ski trip. Guests can learn to build an igloo or join a Snow Yoga or Snow boxing class, or even paraglide amongst the clouds.

Nature enthusiasts can also hike in the forest or explore the snowy landscapes with via snowshoe, snowmobile or even sled dog, proving that Méribel is more than just a ski destination. The five-star Hotel Le Coucou is part of the Maison Pariente group and has 55 suites and rooms, two private chalets and a boutique Tata Harper spa too. Perfect for a luxurious alpine experience, unlike anything else on Three Valleys.

Nightly rates at [Hotel Le Coucou](#) start from 460 Euros on a half board basis. For reservations and information email reservations@lecoucoumeribel.com. Please note that Hotel Le Coucou is only open for the ski season.