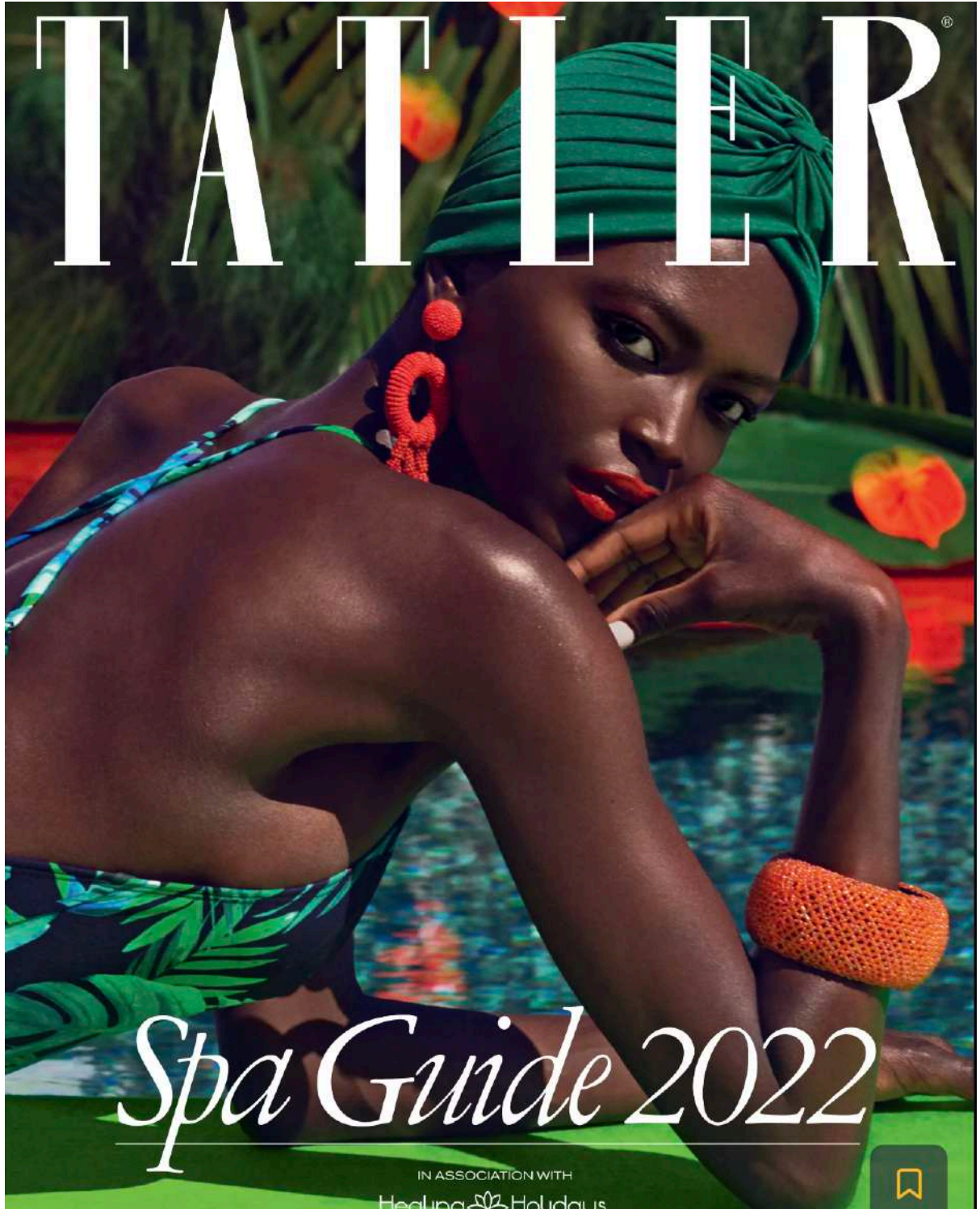


# TATLER®



## *Spa Guide 2022*

IN ASSOCIATION WITH  
Healing Holidays



# VANITY CASE

*The courtyard of Al Husn boasts tranquil fountains and views of the Gulf of Oman*



## GOOD SCENTS

Do you yearn for the soothing aroma of frankincense? If so, head to Shangri-La's new Luban Spa at Al Husn, just outside Muscat. The hotel is low-fi glam – a cool pink palace, set on a cliff top overlooking the Gulf of Oman, with endless views of the sea from the calm spa. Here, you can pick from Elemis facials, rose wraps, Omani crystal salt scrubs and sandalwood oil massages. Afterwards, drink in those views from the terrace, high above Turtle Beach. [shangri-la.com](http://shangri-la.com)



# Vanity case

Chill out in the snowy peaks of Méribel



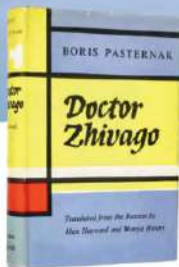
## WHAT TO PACK LE COUCOU MÉRIBEL

Winter warmers to keep you stylish from the slopes to the sauna

By FRANCESCA OGIERMANN-WHITE

Perched above Méribel's famous Le Rond Point, Le Coucou's picture-perfect location means ski-in, ski-out whizzing through Les Trois Vallées. But with such whimsical, Wes Anderson-esque interiors, the setting is only half the charm. Inside its terracotta walls, soft mustard carpeting and fantastical avian murals abound, and suites are decked out like traditional chalets. Post-après, make for the neutral-hued spa, where massages soothe slope-weary limbs with lashings of warm oil and expert pressure, while clean, 'green' facials (using Tata Harper's coveted skincare line) transform wind-battered complexions. Now the glassy indoor pool beckons, with its view of snow-capped mountains – and perhaps a stint in the sauna or bubbling jacuzzi. To really blow the cobwebs away, nothing beats a dip in the outdoor pool while the snowflakes glide by.

[lecoucoumeribel.com](http://lecoucoumeribel.com)



*Doctor Zhivago* by Boris Pasternak, first edition, POA. **PETER HARRINGTON RARE BOOKS**. Earrings, £2,420, **ANITA KOMAYA** at net-a-porter.com. Headscarf, £240, **FENDI**. Slippers, £515, **LORO PIANA** at net-a-porter.com. Handbag, £4,030, **CHANEL**. Fur-fur coat, £1,650, **MICHAEL KORS COLLECTION**. Jumper, £555, **MONCLER** at net-a-porter.com. Leather gloves, £540, **LORO PIANA** at net-a-porter.com. Sunglasses, £239, **MARC JACOBS**



PHOTOGRAPHY: JEROME GALLAND

Après ski? How about après spa?

