

TATTLER[®]

November 2020

The final days
of the First Lady?
Melania
talks to Tatler

Lucky Lucans
At home with the
new Earl and Countess

Fashion forecast
Hitchcock heroines,
romantic ruffles and
autumn's chic awakening

Palace
confidential!
Omid Scobie
spills the tea

Do you belong in
beauty rehab?

Lady Black is back
Barbara Amiel on
Conrad, cashing in and
courting controversy

Spouses
of parliament
The MPs' wives
(and husbands) worth
inviting this season

MEGHAN: WHAT'S NEXT?

Exclusive poll: What Britain really thinks about the Sussexes

TATLER®



Spa Guide 2020

IN ASSOCIATION WITH
Healing  Holidays AND ESPA

VANITY CASE

HOW TO SPA

DREAMBOAT
Brigitte Bardot goes for
a spin around the bay



THE HOTEL

Lou Pinet

Lou Pinet (*right*) is a new addition to the Côte d'Azur – and St Tropeziennes are already hooked. Set out like a *petit village*, with pastel-shuttered rooms bordering a tempting turquoise pool, it's undeniably chic: think sand-hued interiors dressed with colourful mid-century furniture. In the gardens, fragrant with lemon trees, alfresco yoga takes place – otherwise the cool, stone-lined Tata Harper spa awaits. The Lou Pinet Signature Facial is the exclusive: green bio-technology meets gentle massage to soothe, nourish and lift. Evenings bring perfectly seared entrecôte with jalepeño mash, served on the terrace as the sky turns pink. loupinet.com

St Tropez

From Kate Moss' favourite flea market to Ramatuelle's legendary beach clubs – welcome to the Riviera



THE RESTAURANT

Le Club 55

It has to be the beachy-boho Club 55 (*below*) – not just for the glamorous barefoot crowd (a mélange of locals, hotel heiresses and models sipping Minuty), but for its waterside location, famous crudités, and paisley tablecloths so pretty you'll want to take one home in your Jacquemus tote. Booking is *de rigueur*. club55.fr



THE RETREAT

Bastide Blanche

Swerve the busy beaches of Pampelonne and lay your towel down at this often-deserted spot near Ecalet. With no shortage of scenery – from wild creeks to bone-white sand and crystalline water – it's the perfect place for some proper escapism.

THE HANGOUT

La Réserve à la Plage

Come summer, Parisians descend on La Réserve in droves (for the spa, but also for the rooftop restaurant). And recently revealed is La Réserve à la Plage (*right*), a private beach club complete with boutique, oversized loungers ideal for people watching, and a rustic-chic restaurant where the barbecue is fired up and the champagne is always flowing... lareserve-plage.com



THE RETAIL THERAPY

Place des Lices Market

Kate Moss is a regular at this quaint local flea market renowned for its artisanal produce (Provençal lavender, cheeses, smoked garlic). Tuesdays are quieter; Saturday mornings bring a Hermès-sandalled stampede.

THE SPA

Lily of the Valley

This newcomer on the French Riviera (*below*) was designed with health-seeking hedonists in mind. Don't be distracted by the dazzling Philippe Starck interiors: at its heart is an exemplary wellness village, where nutritionists and naturopaths, traditional Chinese medicine practitioners and Ayurvedic specialists, yoga teachers and personal trainers can be found. There's also waistline-friendly fare (chef Vincent Maillard draws on local produce – think spelt risotto with girolles); sun-speckled terraces for meditation; and the near-hypnotic backdrop of a sparkling sea. lilyofthevalley.com



PHOTOGRAPHS: JEAN-PIERRE BONNOTTE/SHAMMA BARNOVA/GETTY IMAGES; @LUSHAHRELONDON/INSTAGRAM; © BRIGITTE BARDOT

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